Welcome children and caregivers

Vitamin A and deworming given today

Explain age to dose relationship

6-11 Months (6 months up to 1 year)

12-23 Months (1 year up to 2 years)

24-59 Months (2 years up to 5 years)

Give every 4 to 6 months

Benefits of vitamin A and deworming together:

Strong

Healthy eyes

Free of worms for better nutrition

Side effects that may occur:

Nausea

Vomiting

Headache

Loss of Appetite

Swelling of the Fontanel (soft spot on head)

Mild Abdominal Pain

Diarrhea

Fatigue

Rare side effects: only 5 out of 100 children

Side effects are temporary and last a maximum of 2 days

If symptoms go beyond 2 days or if other symptoms develop, it is not due to side effects from vitamin A or deworming. The child may be sick and should get medical help.

Other effects of deworming: Worms may be in the stool or in very rare cases exit nose or mouth – these can be pulled out or spit out

Very safe; even with vaccines

Ask for questions

Name: ________________________
Eligibility Criteria

13 Ask for child’s name and health card – use to verify name, age, and last dose.

14 Check for eligibility. Child is not eligible for a service unless they meet all criteria listed below that service.

Never send vitamin A or deworming home with a caregiver to give to the child later.

QUALIFY FOR VITAMIN A

CHECK YES TO THE FOLLOWING 3 CRITERIA

- 6-59 Months (6 months up to 5 years)
- Ask: How old is your child?
- Check: Age is 6-59 months
- Show vitamin A capsules to caregiver
- Ask: When did child last receive vitamin A?
- Check: No vitamin A past 1 month, the child is within the 4-6 months dosing schedule

Ask caregiver if child has any of the following today.
For vitamin A – OBSERVE and make sure there is NO:

- Severe Difficulty Breathing Today

If so, do not give service and refer child for medical help.

QUALIFY FOR DEWORMING

CHECK YES TO THE FOLLOWING 3 CRITERIA

- 12-59 Months (1 year up to 5 years)
- Ask: How old is your child?
- Check: Age is 12-59 months
- Show deworming tablets to caregiver
- Ask: When did child last receive deworming?
- Check: No deworming in past 1 month

Ask caregiver if child has any of the following today.
For deworming – OBSERVE and make sure there is NO:

- Severe Difficulty Breathing Today
- Vomiting Today
- Fever Today
- Severe Diarrhea Today

If so, the child is sick. Do not give service and refer child for medical help.
Giving Vitamin A

15. Clean your hands

16. To prevent choking, ask and make sure the child is calm.

17. Choose dose by age

18. Caregiver holds head and helps child open mouth

19. Cut off capsule tip

20. Do not touch child; give vitamin A

21. Discard capsule in waste container

22. Ask if child has swallowed oil and is okay

23. Wipe oil off hands and scissors

Never force a child to take vitamin A, do not hold a child’s nose to force them to swallow, and do not give it to a child who is crying.

6-11 Months (6 months up to 1 year)

- Dose: 100,000 IU

12-59 Months (1 year up to 5 years)

- Dose: 200,000 IU

Never send vitamin A or deworming home with a caregiver to give to the child later.
**Giving Deworming**

24. Choose dose by age. If using a half tablet, store the other half to use for another child.

- **12-23 Months (1 year up to 2 years)**
  - **CRUSHED**
  - 200 mg

- **24-59 Months (2 years up to 5 years)**
  - **CRUSHED**
  - 400 mg

25. Crush tablet into fine powder with a glass bottle. Always crush deworming tablets for ALL children under 5 years.

26. To prevent choking, ask and make sure the child is calm.

27. Caregiver holds head and helps child open mouth. Do not touch child, use folded paper to slowly pour powder into child’s mouth.


29. Ask if child chewed and is okay.

**OPTIONAL:** After giving deworming to a child, you may give them water to drink, especially if the child seems to be experiencing difficulty swallowing. Giving water after every deworming is not necessary. Always use clean drinking water in a clean cup. Make sure the child is sitting straight up and not tilting their head backwards.

- **Never send vitamin A or deworming home with a caregiver to give to the child later.**

**Alternate Crushing Methods**

- Crush with spoons
- Crush with mortar and pestle

If giving Mebendazole substitute this step for step 24 above

- **12-59 Months**
  - **CRUSHED**
  - 500 mg

**Same dose for ALL children under 5 years**

- Never force a child to take deworming, do not hold a child’s nose to force them to swallow, and do not give it to a child who is crying.
Supplies for VAS+D distribution:
- VAS+D visual checklists
- 100,000 IU blue vitamin A
- 200,000 IU red vitamin A
- Deworming tablets
- Alcohol-based hand sanitizer
- Clean scissors
- Serviettes/napkins
- Small, clean, white paper
- Glass bottle to crush tablet
- Plastic bag for trash
- Ballpoint pens
- Tally sheet
- Distribution register

WHAT TO DO IF A CHILD CHOKES

For Very Small Children:
- Lay the child’s chest on your thigh, then lean the child’s head down.
- Thump on the middle part of the child’s back 5 times using your palm.
- If the problem is not resolved:
  - Lay the child on your thigh facing upwards (child on its back).
  - Press on the thoracic area of the child 5 times using your 2 fingers.
  - Repeat if necessary.

For Older Children:
- Lay the child on his/her abdomen on your thigh, then lean the child’s head down.
- Thump on the middle part of the child’s back 5 times using your palm.
- If the problem is not resolved:
  - Hold the child from behind in a standing position with your hands below the child’s arms just below the rib cage.
  - Press the child’s body upwards.
  - Repeat if necessary.

Recordkeeping and Exit Counseling

30 Record doses given on register and health card
31 Write return date for child and tell caregiver when to return
32 - 39 Exit counseling

For Steps 32-39, please go back to page 1 and review steps 5-12 of the Community Education section with the caregiver.

Vitamin Angels gratefully acknowledges the adaptation of materials from UNICEF, WHO, the Micronutrient Initiative, and EngenderHealth for use in this checklist.

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